

Depression *Recovery* Program

2010 Conference

FRIDAY, SEPTEMBER 24, 2010

Start

- 8:00 Registration and Sign In
- 9:00 **Ed Fila, DDS** – Introduction and Overview
- 9:30 **Neil Nedley, MD** – DVD Program 1
- 10:00 **Mark Shurtleff, Utah Attorney General** – The Personal Impact of Depression in a Family Member
- 10:15 **Carrie Wrigley, LCSW** – Comprehensive Approach to Depression; Music
- 11:45 Lunch
- 1:00 **Rachel Jones, MPH, RD**, University of Utah Professor of the Year – Nutrition
- 2:00 **Lawrence Beall, PHD** – Post Traumatic Stress Disorder and Depression
- 3:00 Break
- 3:15 **Karen Johnson, MED** – Grief and Loss
- 4:00 **Terrence Olson, PHD** – Relationships, Social Connections and Depression
- 5:00 Dinner Break
- 6:00 **Regina Drueding, MD; Jerry Ross, MD; Neil Medley, MD** –
Depression Recovery Program / DVD Sessions with dialogue and discussions
- 8:30 Conclusion of the Day

SATURDAY, SEPTEMBER 25, 2010

Start

- 9:00 **Dianne Nielsen, PHD Psychologist** – Cognitive Behavioral Therapy
- 10:00 **Sue Pickett, PHD** – Research on Peer-to-Peer Support Systems
- 11:00 Break
- 11:15 **Reimar Banis, MD** – Treating the Treatment-Resistant, Depressed Anxiety Patient
- 12:15 Lunch
- 1:30 **Dean Belnap, MD Psychiatrist** – Medication; Religiosity
- 2:30 **Lynn Johnson, PHD Psychologist** – Circadian Rhythm/Sleep Issues and Positive Psychology
- 3:30 Break
- 3:45 **Dara Ghahremani, PHD** – Emotional Well-Being and The Secrets of Breath
- 5:00 Dinner Break
- 6:00 **Jacob Hess, PHD; Ed Fila, DDS; David Larsen, MFHD; Neil Medley, MD** –
Depression Recovery Program / DVD Sessions with dialogue and discussions
- 8:30 Conclusion of the Conference and Certificates Distributed

Registration Deadline: September 17, 2010 \$79.00
Registration Overdue: September 18-23, 2010 \$99.00
Additional Credit Fee for Nurses and Psychologists: \$35.00

Online Registration: www.iie-edu.org
Mail Registration: Innovations in Education
635 South Mountain Road
Fruit Heights, UT 84037

Cancellation requests must be received by September 20, 2010, 11:00 PM by Email michaelrp1@comcast.net
Fax 801-544-9591 or Mail to Innovations in Education, 635 South Mountain Road, Fruit Heights, UT 84037

REGISTRATION FORM

www.iie-edu.org

Please print:

Name _____ Profession _____
Address _____ Professional License _____
City _____ State _____ Zip _____ Lic. Exp. Date _____
Cell Phone (____) _____ Other Phone (____) _____ Employer _____
Email _____

Send registration with \$79.00 tuition check made payable to *Innovations in Education*.

Please provide an email address above to receive registration confirmation.